



KNOW THE SCORE



The Concussion NI website has been developed by Sport Northern Ireland, its Sports Institute, and the Department for Communities, in collaboration with our partners.

This site contains information, guidance and resources to assist in the recognition and management of concussion, and the graduated return to sport following concussion.

Sport is something which should be enjoyed by everyone – it enhances our physical health, our mental wellbeing and our communities. This website has been created to help ensure that, where a possible concussion occurs, it can be identified and managed properly, to allow participants to continue to enjoy and develop in their sporting goals.

IF YOU THINK THAT YOU
OR ANYONE ELSE HAS CONCUSSION
DON'T PLAY ON

#ConcussionNI

