



HIGHWAY CODE

Is this concussion or another condition that requires urgent medical attention?
If any of these features are present attend the Emergency Department as soon as possible



Deteriorating consciousness



Confusion / drowsiness



Severe / increasing headache



Double vision



Seizures / fits



Limb tingling / weakness



Repeated vomiting



Unsteadiness / slurred speech

If you see any of these signs you should suspect a concussion until proven otherwise



Loss of consciousness



Unsteadiness



Confusion / disorientation



Dazed / blank look



Irritable / emotional

If you experience any of these symptoms or if someone complains of these after a head injury you should suspect a concussion



Headache



Confusion



Visual problems



Nausea & vomiting



Fatigue



'Pressure in head'



Sensitivity to light / noise



Difficulty concentrating

KNOW THE SCORE

**IF YOU SUSPECT CONCUSSION...
DON'T PLAY ON**

If you suspect a concussion **DO NOT** leave the player alone (up to 48 hours)

AVOID...

M



Medication

A



Alcohol

D



Driving

S



Sport / Physical Exertion

**... UNTIL MEDICALLY CLEARED - SEEK URGENT HELP IF ANY STOP
SIGNS PRESENT AT ANY STAGE**