

Previous Concussions		Mechanism of Injury		Collision with		Head / head	
No.	Date:	Mark all that apply	x	Collision - teammate		Head / shoulder	
		Injury Event		Collision - ground		Head / upper limb	
		Competition		Collision - opponent		Head / knee-hip	
		Training		Collision - other		Head / foot	
		Recreation		Type of contact		Head / ground	
		School / place of work				Unknown	

SCAT 5 Scoring Summary			
Test Domain	Score		
Date			
Number of symptoms of 22			
Symptom severity score (of 132)			
Orientation (of 5)			
Immediate memory	of 15 of 30	of 15 of 30	of 15 of 30
Concentration (of 5)			
Neuro Exam - Normal (N) / Abnormal (Abn)			
Balance Errors (of 30)			
Delayed recall	of 5 of 10	of 5 of 10	of 5 of 10

Date of Concussion :				How long did symptoms last?										Return to Play Stage				
Symptoms	Present (X)	Severity (1-6)*	When did symptoms start? (A, B, C, D)**	<1 Min	<15 Mins	<30 Mins	<1 Hr	<3 Hrs	<1 Day	<2 Days	<1 Wk	>1 Wk	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	
Headaches																		
'Pressure in head'																		
Neck pain																		
Nausea or vomiting																		
Dizziness																		
Blurred vision																		
Balance problems																		
Sensitivity to light																		
Sensitivity to noise																		
Feeling slowed down																		
Feeling like 'in a fog'																		
'Don't feel right'																		
Difficulty concentrating																		
Difficulty remembering																		
Fatigue or low energy																		
Confusion																		
Drowsiness																		
Trouble falling asleep / disturbed sleep																		
More emotional																		
Irritability																		
Sadness																		
Nervous or anxious																		
Return to Play Information	Number of attempts taken to complete stage																	
	Date stage completed																	
	Date of Final Return to Play																	

*Severity - 1-2 mild, 3-4 moderate, 5-6 severe **A - immediately, B - within minutes, C - same day, D - day(s) later